

45 Market Square Manheim PA
www.balancedance.net
 (717)693-1808



2022-2023 Class Schedule

Schedule is tentative and subject to change

| Monday | | Tuesday | | Wednesday | | Thursday | | Friday | | Saturday | |
|--|---|--|--|--|---|--|---|---|----------|--|---|
| Studio 1 | Studio 2 | Studio 1 | Studio 2 | Studio 1 | Studio 2 | Studio 1 | Studio 2 | Studio 1 | Studio 2 | Studio 1 | Studio 2 |
| | | | | | | | | | | 9:00-9:45 <i>My First Ballet Class (Minimester)</i> Miss Colleen | |
| 4:30-5:30 <i>Grade I Syllabus</i> Miss Jess | | 4:30-5:30 <i>Grade III & IV Syllabus</i> Miss Colleen | 4:30-5:30 <i>Beginning Vaganova+</i> Miss Warkenda | 4:30-5:30 <i>Primary II</i> Miss Colleen | 4:30-5:15 <i>Progressing Ballet Technique</i> Miss Jess | 4:30-5:30 <i>Intermediate Vaganova*+</i> Miss Warkenda | 4:30-5:30 <i>Primary III</i> Miss Colleen | | | 9:45-10:30 <i>Creative Movement</i> Miss Colleen | 9:30-10:30 <i>Beginning Ballet with ORFF (Minimester)</i> Miss Warkenda |
| 5:30-7:00 <i>Stretching and Strengthening</i> Miss Myranda | 5:30-6:15 <i>Pre-Pointe</i> Miss Jess | 5:30-6:30 <i>Pointe II*</i> Miss Grace | 5:30-6:30 <i>Pointe I*</i> Miss Warkenda | 5:30-6:30 <i>Grade II Syllabus</i> Miss Jess | 5:30-6:30 <i>Jazz I</i> Miss Colleen | 5:30-6:30 <i>Horton Modern III</i> Miss Warkenda | 5:30-6:30 <i>Beginning Broadway (Jazz & Tap)</i> Miss Kristin | 5:30-6:30 <i>Ballet Core Conditioning and Stretching</i> Miss Grace | | 10:30-11:30 <i>KinderBallet</i> Miss Colleen | |
| 6:30-7:30 <i>Modern & Lyrical I</i> Miss Jess | 6:15-7:15 <i>Tap II</i> Miss Kristin | 6:30-7:30 <i>Choreography and Movement with ORFF</i> Miss Warkenda | 6:30-7:30 <i>Variations I & II</i> Miss Grace | 6:30-7:30 <i>Jazz II</i> Miss Colleen | 6:30-7:30 <i>Tap I</i> Miss Jess | 6:30-7:30 <i>Jazz III & Musical Theater</i> Miss Kristin | 6:30-7:30 <i>Modern & Lyrical II</i> Miss Warkenda | 6:30-7:30 <i>Pointe III*</i> Miss Grace | | 11:30- 12:30 <i>Primary I</i> Miss Colleen | |
| 7:15-8:15 <i>Tap III</i> Miss Kristin | 7:30-8:30 <i>Adult Ballet</i> Miss Jess | | | | | | | 7:30-8:30 <i>Variations III*</i> Miss Grace | | | |

*Pointe classes must be approved by Miss Colleen +Students interested in Vaganova classes must also be enrolled in a Cecchetti class and placed by Miss Warkenda